

ROADMAPS to RESILIENCY:

INVESTING IN MENTAL WELLNESS FOR ONTARIO'S WORKPLACES



May **13-14**, 2019
Marriott Eaton Centre, Toronto

CALL FOR ABSTRACTS

The Canadian Mental Health Association, Ontario Division and our partners invite you or your organization to submit for consideration abstracts for our healthy workplaces conference, Roadmaps to Resiliency, to be held on May 13-14, 2019 at the Marriott Eaton Centre in Toronto.

Abstracts should be no longer than 200 words, and outline the type of workshop that participants would be attending. We are looking for participatory, ground-breaking sessions in the following areas:

Peer Support;
Managing Stress for Managers;
Advancing Psychological Health and Safety; and
Mental Health and First Responders.

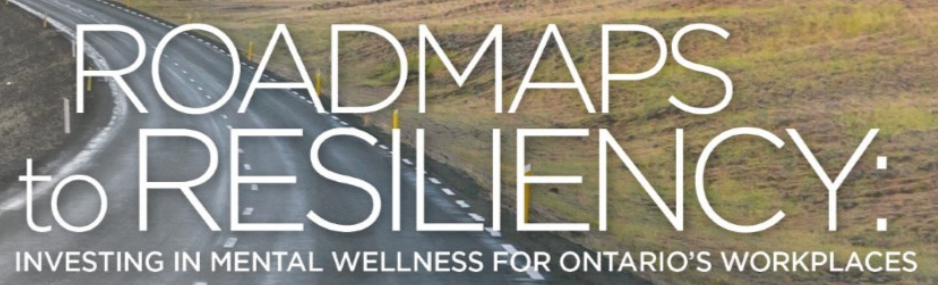
Abstracts should be 60 or 90 minutes in length, and the conference will accept posters for display in the main hall.

Abstract submissions will close on January 14, 2019 (Deadline extended)

Please submit your abstract to:

<https://surveygoldcloud.com/s/139D44A612D04BBB/2563.htm>

For questions, contact our event planner at sherry@innovative4you.com.



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ABOUT THE CONFERENCE

Roadmaps to Resiliency: Investing in Mental Wellness for Ontario's Workplaces, is CMHA Ontario's workplace mental health conference. To be held in Toronto, we and our partners invite you to participate in a two-day event that will highlight emerging best-practices and provide you with skills you can take back to your organization.

KEY DETAILS

Date: May 13-14, 2019
Where: Marriott Eaton Centre, Toronto

We invite organizations from across Ontario and Canada to participate in the conference. The theme for this year's conference will be resiliency; how to build it and how to manage it in the workplace. You will get the chance to learn from experts and researchers in the field, while being provided with practical on-the-ground skills you can take to work with you.

OUR PARTNERS

